



BEST DEFENSE™

APPLICATION SECURITY TRAINING SERIES



Collaborative IT Education Services
Training | Mentoring | Courseware
www.triveratech.com

TT8000 Understanding Application Security – A Technical Overview (1 day)

According to research by the National Institute of Standards, 92% of all security vulnerabilities are now considered application vulnerabilities and not network vulnerabilities

Trivera Technologies' *Best Defense™ Security Training Series* is a suite of developer-oriented, application security courses that provide complete coverage of the recently released CWE/SANS *Top 25 Most Dangerous Programming Errors* (<http://cwe.mitre.org/top25/>). These errors, as determined by a consortium of cyber security organizations, enable cyber espionage and crime. Our comprehensive application security and secure coding classes address each of these critical issues head-on, as our courses, seminars and workshops explicitly:

- Teach programmers what these errors are
- Demonstrate, in real terms, the potential impact of each of these errors
- Provide experience in how to recognize and properly address these errors
- Teach stakeholders how to defend against the potential consequences of security breaches in other parts of their IT infrastructure.

COURSE SNAPSHOT

Course: TT8000: Understanding Application Security – A Technical Overview (seminar)

Duration: 1 day

Skill Level: Introductory

Focus: Lecture and demonstrations of why and how to integrate security into the entire software development lifecycle for applications

Audience: Technical managers & stake holders

Format: Seminar / Lecture: Expert lecture combined with open discussions and high-level demonstrations

Language / Tools: This edition is Language Neutral, although we can easily present this in a Java, .Net or other programming language formats.

Delivery Format: Available for onsite private classroom presentation, or live online / virtual presentation

Customizable: Yes

Understanding Application Security is an essential course for technical leads, project managers, testing/QA personnel and other stakeholders who need to understand the issues and concepts associated with secure applications. During this one-day dynamic seminar, students learn the best practices for designing, implementing, and deploying secure applications. Perhaps just as significantly, students learn about current, real examples that illustrate the potential consequences of not following these best practices.

A key component to our *Best Defense Security Training Series*, this workshop is a companion course with several developer-oriented courses and seminars. Although this edition of the course is language-agnostic, it may also be presented using Java, .Net or other programming languages or environments.

► Course Objectives: What You'll Learn

Security experts agree that the least effective approach to security is "penetrate and patch". It is far more effective to "bake" security into an application throughout its lifecycle. This course builds on the mechanics for building defenses by exploring how design, analysis, testing, and QA can be used to build stronger applications from the beginning of the software lifecycle.

Students who attend *Understanding Application Security* will leave the course armed with the required skills to understand software vulnerabilities (actual and potential) and defenses for those vulnerabilities. This course quickly introduces students

to the various types of threats against their software, and provides coverage of many core security-related technologies. The concept and process of Threat Modeling is introduced as a key enabler for implementing effective and appropriate security for software and information assets.

Working in an interactive learning environment, attendees will learn to:

- Understand the concepts and terminology behind defensive coding
- Understand Threat Modeling as a tool in identifying software vulnerabilities based on realistic threats against meaningful assets
- Learn the entire spectrum of threats and attacks that take

- place against software applications in today's world
- Discuss the role that static code reviews and dynamic application testing to uncover vulnerabilities in applications
- Understand the vulnerabilities of programming language as well as how to harden installations
- Understand the basics of Cryptography and Encryption and where they fit in the overall security picture
- Understand the fundamentals of XML Digital Signature and XML Encryption as well as how they are used within the web services arena
- Understand the processes and measures associated with the Secure Software Development (SSD)
- Understand the basics of security testing and planning

The course provides a solid foundation in basic terminology and concepts, extended and built upon throughout the engagement. Students will examine various recognized attacks against web applications. Processes and best practices are discussed and illustrated through both discussions and group activities. Attending students will be led through a series of advanced topics comprised of integrated lectures, group discussions and comprehensive demonstrations.

► Audience & Pre-requisites: Who Should Attend

This is course designed for application project stakeholders who wish to get up and running on developing well defended applications. Familiarity with a programming language and real world programming experience is highly recommended.

► Related Courses – Suggested Learning Path

Take Instead: We offer other seminars that provide different levels of knowledge or focus.

- For team members that need a more in-depth view of security and related issues, please consider **TT8100 Secure Application Development Seminar** (for Java, J2EE, .Net or other languages)
- If you require more of a web application orientation, you might consider: **TT8020 Understanding Web Application Security** (for Java, J2EE, .Net or other languages)

Take After: We offer a variety of introductory through advanced security, development, project management, engineering, architecture and design courses. Students may want to consider the following topics as a follow-on to this course.

- Additional advanced Security or Secure Programming & Coding topics
- Service-Oriented Analysis and Design
- Web Services – Intro through Advanced
- AJAX, XML or other Web Development topics
- Java EE topics: EJB3.0; Spring; Hibernate; Design Patterns & more.
- Advanced .Net developer topics
- Architecture & Analysis courses
- Software Engineering, Design or Project Management tracks

Please note all development courses may also be offered in other programming languages or tailored to suit your unique requirements.

We will work with you to structure with the best solution to ensure your needs are met, whether we customize the material, or devise a different educational path to help your team best prepare for this training. Please contact us for recommended next steps tailored to your longer term education, project or development objectives.

► Student Materials: What You'll Receive

Our robust course materials include much more than a simple slideshow presentation handout. Student materials include a comprehensive hard-copy course manual, complete with detailed course notes, code samples, diagrams and current reference materials, all directly related to the course at hand, indexed for ease of use. Step-by-step lab instructions and project descriptions are clearly illustrated and commented for maximum learning and ease of use.

For course deliveries or virtual presentation using open-source tools, we'll provide our unique **LoadNGo Instant Classroom Kit**, which enables students to run the entire course off of a DVD that hosts the entire course set up software, labs, and other pertinent useful educational resources or demonstrations, whitepapers and more. You only need to provide the hardware and appropriate O/S, and we'll do the rest. No installation needed. **Great for secure environments.** Minimum set up burden for your team or firm, with maximum results for your students.

No matter which set up option or software your firm requires, we're pleased to provide a detailed set up guide for all private or on-site courses, and as much assistance as you require to prepare your students or classroom for the course. Our course kits are designed to serve as an excellent and useful reference set, long after we leave your classroom.

► Optional Pre / Post-Testing & Skills Assessment

We work with you to ensure that your resources are well spent. Through our basic course pre-testing and/or post-course assessments, we ensure your team is up to the challenges that this course offers. Our goal is to structure the best solution to ensure your needs are met, whether we customize the material, or devise a different educational path to prepare for this course.

► Bridging the Gap: Collaborative Mentoring Services

Our team of technical experts is also available for various project assistance services to help your team apply their newly-learned classroom skills to their real-world project in a meaningful, practical way, right after the training ends.

Our custom **collaborative mentoring programs** integrate with or extend your team's classroom training experience, to help bring these skills into existing (or inherited) legacy projects, into new projects, or to simply keep your students sharp them in between projects. Our programs can be highly involved and closely integrated with your project timelines or group development efforts, or can be less involved, serving simply as an

overarching educational framework or 'spot check' to keep your group skills moving forward in between projects or waiting for projects to begin. Please contact us for details about this exciting custom service.

Workshop Topics Covered

Session 1: Defensive Coding Overview

- Misconceptions
 - Thriving Industry of Identify Theft
 - Dishonor Roll of Data Breaches
 - TJX: Anatomy of a Disaster
 - Heartland: What? Again?
- Security Concepts
 - Terminology and Players
 - Assets, Threats, and Attacks
 - OWASP
 - CWE/SANS Top 25 Programming Errors
 - Categories
 - What they mean to your applications
- Defensive Coding Principles
 - Security Is A Lifecycle Issue
 - Minimize Attack Surface
 - Manage Resources
 - Application States
 - Compartmentalize
 - Defense In Depth - Layered Defense
 - Consider All Application States
 - Not Trusting The Untrusted
 - Security Defect Mitigation
 - Leverage Experience
- Threat Modeling

Session 2: Vulnerabilities

- Unvalidated Input - XSS, Injection, CSRF, and Others
- Broken Authentication and Authorization
- Information Leakage - Error Handling, Logging, Insecure Storage and Others
- Spoofing - Protecting Your Users and You Applications

Session 3: Security Fundamentals

- Perimeter Defenses
- Security Architectures
- Layered Defenses
- Extending the Defenses

Session 4: Cryptography Overview

- Cryptography defined
- Strong Encryption
- Ciphers and Algorithms
- Message Digests
- Keys and Key Management
- Certificate Management
- Encryption/Decryption
- What Really Fails in Crypto Applications

Session 5: Transport Layer

- SSL Support
- HTTPS

Session 6: Defending XML Processing

- Defending XML
- Defending Web Services

Session 7: Secure Software Development (SSD)

- SSD Process Overview
- Applying Processes and Practices
- Risk Analysis

Session 8: Security Testing

- Testing Principles
- Reviews as Form of Testing
- Testing
- Tools
- Testing Practices

Need more info? Please note that a more detailed outline of the course table of contents, lists of lab exercises and project descriptions is available. Please contact us at Training@triveratech.com for info.

Need courseware? This course is fully customizable, and also available for license with complete support for qualified organizations. Please contact Courseware@triveratech.com for details.

► Why Work With Trivera Technologies?

Whether you are a project leader choosing a training provider or course to bring to your team, or an organization or an instructor looking to potentially license or use course materials to train your own team, or a student looking for an exciting, targeted training class to attend or to recommend to your colleagues - **Our single focus is to make YOUR training event or experience a success.** Here's why choosing Trivera Technologies as your security education resource takes the risk right out of your decision making process...

- **We provide a solid secure, design, coding and implementation foundation.** Students will learn how to code, use (and reuse!) essential secure programming and design skills and concepts properly, using best coding practices, grounding them for advanced curriculum, and will be prepared for designing and implementing solutions. **Students will learn the importance of developing well-defended applications.**
- **Our courses are focused - no "fluff" included.** We offer more than a "laundry list" approach to teaching. All lessons have clear objectives, are fundamental to core secure application development and design practices, and are reinforced by hands-on labs and solid practical examples. Each lesson has performance driven objectives that ensure students will learn technologies and skills core to fundamental server-side application design – nothing more, nothing less.

- **Our materials are comprehensive, and current.** Our comprehensive manuals include not only a hard copy of the course presentation, but also detailed reference notes, pertinent diagrams and charts, current lists of suggested online resources and articles, and often technical tutorials or white papers geared to the topics at hand. Our dedicated course development team keeps everything as current as possible with both industry trends and software editions to ensure your team is getting the most current information available.
- **We set you up!** Hands-on courses also include our unique materials for each student, complete with our **LoadNGo Instant Classroom** course set up DVD, software, and a multitude of learning resources that complement the course. Run the course right off the DVD – minimal set up for your company – maximum results for your students.
- **We foster "Learning by Doing".** Progressive labs are designed in such a way that students get a firm grasp on fundamental skills while they work toward designing a complete application. All labs are take-home, and all solution code is presented in an easy to use self-study format for future use and review.
- **We have to adhere to higher standards.** As a courseware provider to other organizations, training firms or independent instructors, our content and hands-on lab materials are licensed internationally by dozens of firms, and are therefore subject to very stringent quality requirements. Not only will your organization benefit from our own technical team's technical expertise, but also the feedback of hundreds of students and trainers using these materials, worldwide, on a regular basis. This unique fact guarantees that our materials are not only robust and interesting, but also technically correct, current and of the highest quality and usability.
- **We bring years of practical, current experience into the classroom and content.** Our instructors and course authors are also skilled mentors, Java, JEE/JavaEE, J2EE, .Net, Agile, SOA, and web services developers, architects and security-oriented professionals. We believe that learning, using and maintaining solid software execution and delivery methods are as important as gaining sharp coding skills. Best Practices for software development and execution, beyond technical coding skills, are enforced throughout all of our courses and discussions. Our team brings this extensive experience into every classroom and engagement. Our team has trained thousands of students.
- **We're skills-centric.** Although our team has extensive experience using a variety of tools and solutions, our core content is "technology-centric". Our aim is to teach you the best skills and solutions out there – not to sell you software from any particular vendor.
- **We're published authors, online contributors, software developers and industry speakers.** Our team was selected to write the online *J2EE, EJB, EJB CMP-CMR and Web Services Tutorial Series for IBM developerWorks®* (www.ibm.com) These are the same instructors who train our classes and author the courseware. Most of our trainers/consultants have also authored additional articles on web services, EJB, Struts, J2EE / JEE and advanced Java topics, and are recognized speakers and presenters on the industry technical seminar circuit. Our team is comprised on several successful published authors. Members of our team have written or contributed to: *Eclipse Kick Start, Mastering Eclipse; Professional Jakarta Struts; Using Java Tools for Extreme Programming; Mastering Resin; Mastering TomCat and others.*
- **Our services are guaranteed.** Whether you're a stakeholder organizing your firm's educational services, a student in our live or virtual classroom or a trainer using our materials to educate your own client or team – **Our core mission is to make YOU a success in the classroom.**

► **For Additional Information**

Need dedicated training? All courses can be brought onsite or run virtually for a **private presentation, anywhere around the world**, customized to suit your unique requirements or goals.

Please contact Training@triveratech.com for course details, Public Schedule dates and locations, and Special Discount Offers.

Need courseware? **Let us take the risk out of your classroom delivery!** All materials are also available on a worldwide basis for corporate license with complete instructor support and free corporate branding. Our LoadNGo Set up is available to partners as well! We guarantee our pricing and service. Samples of our course materials, as well as live client references for all of our services are available upon request. Please contact Courseware@triveratech.com for details.

For more information about our training, mentoring or courseware development or licensing options, or to see our complete list of course offerings and services, please visit us at www.triveratech.com, email Training@triveratech.com or call 609.953.1515.



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